

# LeaderPrep

## TEEN EDITION

### 12-WEEK COURSE SYLLABUS

The Anchored Institute

#### Course Overview

LeaderPrep: Teen Edition is a 12-week leadership development course designed specifically for teenagers. The course builds practical skills, biblical foundations, and actionable frameworks that students can apply immediately.

#### Course Objectives:

- Develop a growth mindset and servant orientation toward leadership
- Master practical frameworks: CAPES, OIL, SAMPLE, Doit Family, Bow-Tie
- Build communication skills for everyday and public speaking contexts
- Understand the connection between character and leadership effectiveness
- Apply biblical principles to real-world leadership challenges

**Target Audience:** Ages 13-18, with flexibility for mature middle schoolers and young adults

**Format Options:** Weekly class (60-90 min), small group study, individual mentoring, or self-paced

**Materials:** Student workbook (12 weekly chapters), facilitator guide, optional video content

#### Course Schedule

Week	Topic	Framework	Key Scripture
1	Introduction + The World Needs You	Leadership definition	Eph 2:10, 1 Tim 4:12
2	Your Mind Is the Battleground	Growth Mindset	Rom 12:2, Phil 4:8
3	Think Like a Servant	Servant Leadership	John 13:14-15, Matt 20:26-28

<b>Week</b>	<b>Topic</b>	<b>Framework</b>	<b>Key Scripture</b>
4	Own Your CAPES	CAPES Framework	Col 3:23, Matt 25:21
5	See Before You Solve	OIL Method	Prov 20:12, Matt 13:16
6	Plan It: SAMPLE Goals	SAMPLE Goals	Prov 21:5, Luke 14:28
7	Do It: The Doit Family	7 Doit Activators	Eccl 9:10, Col 3:23-24
8	Finish It: The Bow-Tie	Bow-Tie Method	Eccl 7:8, John 19:30
9	Speak Up	Active Listening	James 1:19, Col 4:6
10	Stand Up	Public Speaking	2 Tim 1:7, Exod 4:11-12
11	Lead Your Life First	Self-Leadership	Prov 9:10, James 1:8
12	Now Go Lead	Commission & Review	Josh 1:9

## Session Structure

Each 60-90 minute session follows this structure:

### Opening (5-10 min)

- Review last week's "Try This Today" assignments
- Share wins, challenges, and insights
- Preview this week's key question

### Teach (20-30 min)

- Present the week's core content
- Introduce framework/concept
- Explore Scripture foundation

### Discuss (15-20 min)

- Work through discussion questions
- Small group or full group conversation
- Encourage personal reflection

### Apply (10-15 min)

- Work through "Leader Check" questions
- Assign "Try This Today" action items
- Accountability pairing (optional)

### Close (5 min)

- Summarize key takeaway
- Preview next week
- Closing prayer

## Assessment Options

The course can be assessed through various methods depending on context:

### **Weekly Application (Ongoing)**

Track completion of "Try This Today" assignments. Students report back each week.

### **Framework Quizzes (Optional)**

Brief knowledge checks after key frameworks: CAPES, OIL, SAMPLE, Doit Family, Bow-Tie.

### **Leadership Project (Recommended)**

Students identify and execute a leadership project applying course frameworks. Due Week 11-12.

### **Personal Mission Statement (Week 11)**

Students write a personal mission statement integrating course concepts.

### **Final Presentation (Optional)**

Students present key learnings and leadership plan to the group.

## **Required Materials**

### **For Students:**

- LeaderPrep: Teen Edition workbook (12 weekly chapters)
- Journal or notebook for reflection
- Bible (NIV or preferred translation)

### **For Facilitators:**

- Facilitator Guide with teaching notes
- Framework reference cards (printable)
- Discussion question bank
- Assessment rubrics (optional)

## **Support & Resources**

Additional resources and support available at:

[www.anchored-institute.org](http://www.anchored-institute.org)

For curriculum questions or bulk ordering, contact The Anchored Institute.

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